

A PROPOSAL

CHILDREN'S HOLY HOUR and EUCHARISTIC ADORATION
in all Parishes of the Diocese of Fresno, CA
Grades K-8

Ministry of the Most Holy Rosary
of the Diocese of Fresno
June 16, 2021



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GOALS

To bring the children to Our Lord Jesus Christ, in obedience to His command when He said: “Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these.”

[Matthew 19:14]

To spend time with Jesus even for a few minutes, in solidarity, as an expression of our love for Him and our thanksgiving to Him, Who redeemed us for eternal life.

[Matthew 26:40—41]

To fulfill our call to holiness because by being with Our Lord Jesus Christ in His Real Presence, and with open hearts and minds, we will be spiritually formed by Him so that we may fully live our Catholic Faith and accomplish our Baptismal promises.

[1 Thessalonians 4:7]

PARISH WORKSHEET – CCD PROGRAM

1. Have a schedule – Choose one or more
 - a. First Friday
 - b. Second Friday
 - c. Third Friday
 - d. Fourth Friday
 - e. Other: _____

2. Have active volunteer Parents – Name/Phone Number (cp or home)
 - a. _____
 - b. _____
 - c. _____
 - d. _____

3. Time/Volunteer In-Charge
 - a. Grades Pre-K, Kinder, 1, 2, 3 – _____
 - b. Grades 4,5,6 – _____
 - c. Grades 7 & 8 – _____

Notes:

4. Schedule 10-15-minute Pre-Adoration Instruction on the day(s) prior to the selected Adoration Day. Safe Environment Qualified Volunteers are needed and are to coordinate with the Parish’s Director of Religious Ed and/or the Parish Priest.
5. Content of Instruction will be provided: Eucharistic Adoration Schedule, Catechesis, Prayers & Hymns Invitation is extended to the children’s families. (See Sheet entitled “Preparation Days”)
6. Silence during Adoration is key.

JF/CK/LR: mjf

PLAN OF ACTION

WHO: Grades PreK–8 Parochial School Children

WHEN:

(At least twice during the school year: Close to the Beginning and Close to the End of the CCD Schedule or on designated days at the discretion of the DRE and with the Parish Priest's approval).

HOW: A. Preparation Days—(Four days before the scheduled Adoration; see separate sheet)

1. Make a Poster of this Devotion.
2. Have a 10-15 Minute Classroom Session on each of the 4 days explaining what is going to happen at Eucharistic Adoration on the days assigned. Time may be revised according to needs.
3. Safe Environment-Qualified and Knowledgeable Volunteers are to present a very short Catechesis on Eucharistic Adoration: Real Presence, reverence, genuflection; Exposition & Benediction; vocal prayers; silent prayer for one's own vocation; listening to Our Lord's response in silence.
4. Show-and-Tell of the sacred vessels and paraphernalia used at Eucharistic Adoration: Monstrance, Paten, Ciborium, Thurible, Incense, etc.
5. Acquaint the children not only with the 2 Hymns in Latin chanted before and after Adoration and the final Hymn: "O Salutaris," "Tantum Ergo" and "Holy God, We Praise Thy Name". Familiarize them with the prayers to be prayed during Adoration including the Prayers that the Angel of Peace and the Blessed Mother taught at Fatima.

B. Day of Adoration (Exposition, Adoration, & Benediction of the Blessed Sacrament).

1. In Silence, children stand at attention awaiting Our Lord in the Blessed Sacrament.
2. As Father approaches Main Altar with the Blessed Sacrament, all kneel.
3. Father positions the Monstrance with the Blessed Sacrament in the middle of the Altar and then positions himself at the kneeler before the Altar.
4. "O Salutaris" is chanted; the Blessed Sacrament is incensed.
5. Prayers of the Angel of Peace (5 minutes); pray the Holy Rosary.
6. Silence (10 minutes). Listen to God's voice in your heart.
7. "Tantum Ergo" is chanted
8. Benediction
9. Divine Praises
10. Father repositions the Blessed Sacrament in the Tabernacle / "Holy God We Praise Thy Name" is sung (if possible, all 3 verses, the 3rd verse alluding to the Holy Trinity)
11. Silent departure to Classrooms. Please Exit In Silence

EUCCHARISTIC ADORATION – PREPARATION DAYS

SESSION 1 – INTRODUCTION

1. Show Poster for this Devotion: First Friday Exposition, Adoration, & Benediction of the Blessed Sacrament.
2. Introduce yourselves and explain that you have permission from the Director of Religious Education and the Parish Priest to explain to them in around 10 minutes a day for 4 days (or designated times) about this Devotion.
3. Talk a little about the Angel of Peace at Fatima, Portugal, who appeared to the children visionaries of Fatima in 1916 and prostrated before a bleeding Host above a sacred Chalice; and
4. Simple definition or description of Exposition, Adoration, & Benediction

SESSION 2 – HISTORY

1. Last Supper on Holy Thursday
 - “Do This in Memory of Me;” “Can you not watch and pray one hour with me?”
 - Bread becomes the Body & Blood of Jesus Christ
 - Good Friday
 - Resurrection Sunday
2. Consecration of the Host
3. Posture at Holy Mass
 - Pay Attention
 - Participate
 - Pray
 - Greeting of Peace & the Lamb of God

SESSION 3 – SHOW & TELL

1. Monstrance
2. Ciborium
3. Chalice and paten
4. Priests vestments
5. Thurible

SESSION 4 – PRAYERS; REVERENCE; SILENCE

1. Prayers taught by the Angel of Peace & Our Lady of Fatima
2. Hymns sung
3. Vocation Prayer
4. Other

JF:mjf

2021-2022 SCHOOL CALENDAR

Sept.	S	M	T	W	TH	F	Sat
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30		
	30						

Oct.	S	M	T	W	TH	F	Sat
	31					1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

Nov.	S	M	T	W	TH	F	Sat
		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30				

Dec.	S	M	T	W	TH	F	Sat
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
	30	31					

Jan.	S	M	T	W	TH	F	Sat
	30	31					1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29

Feb.	S	M	T	W	TH	F	Sat
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28					

March	S	M	T	W	TH	F	Sat
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

2021-2022 SCHOOL CALENDAR

April	S	M	T	W	TH	F	Sat
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

May	S	M	T	W	TH	F	Sat
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

June.	S	M	T	W	TH	F	Sat
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30		

NOTES: